

# SIH BENEFIT PARTNER CONTACT INFORMATION

## Southern Illinois Healthcare

### Human Resources

2 Nutrition Plaza  
618.457.5200  
Fax: 618.529.0574

### Total Rewards Team

Amy Niemann, Total Rewards Leader  
ext. 67809  
[amy.niemann@sih.net](mailto:amy.niemann@sih.net)

### Insurance (Medical, Dental, Vision, Life, Allstate, Flex Spending Accounts, and 401(k))

Julie Neubig, Benefits Supervisor  
ext. 67807  
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Ana Kelly, Benefits Specialist  
ext. 67810  
[ana.kelly@sih.net](mailto:ana.kelly@sih.net)

### Leave Absence (FML, STD, LOA), Exposures, Injuries, Return to Work, Employee Health & Safety

Monica Zapp, Occupational Health & Safety Coord.  
ext. 67850  
[monica.zapp@sih.net](mailto:monica.zapp@sih.net)

Lauren Padgett, Occupational Health & Leave Specialist  
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[lauren.padgett@sih.net](mailto:lauren.padgett@sih.net)

Alyssa Schloss, Occupational Health & Safety Specialist  
ext. 67808  
[alyssa.schloss@sih.net](mailto:alyssa.schloss@sih.net)

### WorkWell Employee Wellness Program

[www.sihwellness.com](http://www.sihwellness.com)

Joseph Raby, Employee Wellness Coordinator  
ext. 67829  
[Joseph.Raby@sih.net](mailto:Joseph.Raby@sih.net)

Health Coaches  
ext. 67828  
[wellness@sih.net](mailto:wellness@sih.net)

## Benefit Enrollment/COBRA

Businessolver, Inc.  
PO Box 310552  
Des Moines, IA 50331-0552

Benefit Service Center (to enroll or make changes)  
844.386.2375

Dependent Verification Fax (to fax dependent documentation)  
515.343.2246

[benefits.sih.net](http://benefits.sih.net) (to enroll or make changes)

COBRA  
877.547.6257

## Medical—Allegiance, a Cigna Company

855.999.1052  
Refer to [www.askallegiance.com/SIH](http://www.askallegiance.com/SIH) to locate providers, confirm provider network status, access your online account, or find an EOB



## Prescriptions—EnvisionRx Options

800.361.4542  
[www.envisionrx.com](http://www.envisionrx.com)



EnvisionMail  
866.909.5170  
[www.envisionpharmacies.com/Mail/Patients](http://www.envisionpharmacies.com/Mail/Patients)

EnvisionSpecialty  
877.437.9012  
[www.envisionspecialty.com](http://www.envisionspecialty.com)

## SIH Employee Pharmacy

St. Joseph Memorial Pharmacy  
618.351.8322



Herrin Pharmacy  
618.351.8321

## Dental/DPPO—Cigna

800.244.6224  
[www.cigna.com](http://www.cigna.com)



## Vision—Eyemed

866.9EYEMED  
[www.eyemed.com](http://www.eyemed.com)



## Flexible Spending Account Program including Healthcare and Dependent Care—Allegiance

855.999.1052  
[www.AllegianceFlexAdvantage.com](http://www.AllegianceFlexAdvantage.com)



## Life and Accidental Death and Dismemberment (AD&D)—Reliance

Life Claims  
800.351.7500 Option 6



## Family Medical Leave (FML)/Short Term Disability (STD)/Long Term Disability (LTD)—Matrix, a division of Reliance Standard

877.202.0055  
[matrixabsence.com](http://matrixabsence.com)



## Voluntary Benefits—Allstate

Group Critical Illness, Group Hospital Indemnity, Group Accident, and Group Term to Age 100 Life  
866.828.8501  
[www.allstatebenefits.com/mybenefits](http://www.allstatebenefits.com/mybenefits)



## Empower—401(k)/Roth Contribution

Retirement planning and 401(k) offered through Empower  
833.SIH.401K  
[empowermyretirement.com](http://empowermyretirement.com)

