

PERSONAL SUPPORT AND ENSURING A HEALTHY PREGNANCY



The Allegiance Care Management maternity management program supports and assists you with having a healthy pregnancy. The program is designed to provide important pregnancy-related information and is available to you at no cost.

Your personal maternity nurse will be available to talk to you throughout your pregnancy either by phone or through secure email. Your nurse will continue to be a resource for you during your first few weeks as a new mother.

To participate, you must:

- Register as early in your pregnancy as possible
- Check in with your nurse regularly throughout your pregnancy
- Complete the Post Pregnancy Assessment

Incentive

When you register, you will receive a \$25 gift card upon completion of the program. You will also have the valuable support of your own maternity nurse throughout your pregnancy and during your transition to parenthood.

